

No-Sew Heart Pillows Instructions:



1. Pick two different colors of fleece squares and lay them on top of each other so the edges meet.
2. Draw a heart with chalk on the top piece of fleece, using up as much of the space as possible.
3. Draw another heart within the first one with about an inch between the two.
4. Cut out the first heart outline through both pieces of fleece (at the center of the heart, don't cut down the middle but rather on each side of the center and tie those pieces together to ensure the center closes fully).
5. Cut the edges of the heart to the outline of the inner heart, making the strips about as wide as a pencil.
6. Use a wet wipe to rub off the chalk residue.
7. Tie the strips of each piece of fleece together.
8. When there is about a quarter of the strips still untied, stuff the heart with the polyfil and excess fleece scraps before you finish tying the strips.

