

Cleopatra's MILK BATH



Ingredients: Saffron
Dead Sea salt
Powdered milk/
coconut milk

To make the saffron salt, grind saffron threads with your mortar and pestle. Add a few drops of water to the ground saffron. Add dead sea salt about a tablespoon at a time and grind to combine until the saffron paste is well incorporated into the salt.

Scoop powdered milk or coconut milk into your jar, leaving enough room on top for your saffron salt. Finish with a few threads of saffron.

To use, dissolve into a warm bath. Use within 12 months.